

Winter Haven Budokai's

February 2010 Newsletter



WHB would like to welcome Elizabeth Smit to our dojo family. Please give her a warm welcome when you see her.

Self Defense Course In January, we started our 12-week course that meets 3 times a week; 6PM on Tuesday and Wednesday and 11AM on Saturday. Each class runs an hour. We would also like to welcome the new students of the self-defense class; Dwayne Frisch, Gabriella Rebello (the parents of Bryan McDonough—a student in our After School Program) and also Buddy Tarr to our dojo family. If you know of anyone else that may be interested in taking this class, space is still available.

The Alliance Cup Central Florida Edition 2010 Karate Competition. Saturday, February 20th, our school will be hosting this karate competition.

THIS IS A BIG EVENT FOR OUR SCHOOL. It is expected the every student at Winter Haven Budokai attend and compete in this tournament to show support. You can register and pay online at www.TheAllianceCup.com or see the front desk for help. The deadline is February 12th.

Volunteers We are also looking for as many volunteers to help at the tournament. We can't possibly do it without you. We will need help with setting up, tearing down, timers, passing out trophies, lining competitors up and such. If you are able to participate it would be greatly appreciated.

The Alliance Cup Seminar will be held the day before the Alliance Cup Competition on Friday, February 19th. 6-8PM At Polk State College with a focus on Speed Drills and Kumite. The cost is \$15 per student. It is sure to be an excellent opportunity for all students to learn a different perspective about our passion, KARATE-DO, and to enhance their existing skills with two excellent karate instructors. The seminar will also provide participants with a chance to loosen up before the competition and create some camaraderie between the other athletes prior to the event. After all, that's part of our philosophy.



February Birthday
Happy Birthday!
Billy Kennon

February 2010 Student of the Month

ARMANDO BRYAN PEREZ is the son of Armando & Sonia Perez. Bryan is 7 years old and is in the 1st Grade at St. Paul's Episcopal School. He has trained at WHB for approximately 7 months and is currently a yellow belt. He started doing Karate because his Mom wanted him to. His favorite thing about Karate is kicking and punching. Bryan loves Karate, Soccer, playing video games and collecting rocks. Bryan has become more confident in his training and his technique is beginning to show it. Bryan is a pleasure to have at our school.

WHB will be closed for After School Karate Program on President's Day, Monday, February 15th as we follow the Polk County School Board Calendar.

WHB will be closed for regular Karate Classes on Friday, February 19th for the 5:00 and 6:00PM classes in preparation for the competition and seminar. If you are able to help set up, your help would be greatly appreciated.