



Congratulations to all the students that participated in The Alliance Cup Karate Competition at PSC on February 20th. Many trophies and medals were won, but best of all each and every student did their best. We thank you for supporting our school. You have made us very proud!

Many Thanks to all the volunteers that helped with The Alliance Cup, from set up to tear down to everything in between. We certainly couldn't have done it without you and we truly appreciate it. "Volunteers don't get paid, not because they're worthless, but because they're priceless." ~Sherry Anderson

March 2010 Student of the Month

Larry Wagner is March's WHB Student of the Month. Larry is the son of Carl and Dorothy Wagner. He is WHB's youngest student, joining our school at age 3. He has been going to WHB since October 2009 and is currently a white belt. His favorite thing about Karate is kicking. He loves to play baseball and football and enjoys dancing and taking hikes. Larry had his very 1st haircut at age 4. He has come full circle since joining our karate school and his behavior and karate skills have improved dramatically. We are very proud of this young man and look forward to watching him grow.

Bring a Buddy Week will be the week of March 8-12th. Bring a friend to karate class (or have them meet you there) for free. Tell them to wear something comfortable for kicking and punching. Let's have some fun with our friends!

Our Newest Winter Haven Budokai Students -Welcome Aboard! Welcome to our newest karate students: Ethan Fields and Raymond Rivera. *You are the future Black Belts of our School!* We would also like to welcome to our newest self-defense students: Cindi Frisch, Ariane and Samira Rosario.



**March Birthday's
Happy Birthday
to All!**
Harley Sims
and Ariane Rosario.



Daylight Savings Time is March 14th so don't forget to Spring Forward and set your clocks 1 hour ahead.

No After School Karate Program from Monday, March 29—Friday, April 2nd for Spring Break as we follow the Polk County School Calendar and school is closed that week.

Good Behavior Raffle began in February to help motivate the kids to be on their best behavior. If you are caught in class being good, you may be presented with a raffle ticket and at the beginning of the month we will draw to see who will win that month's prize. Congratulations to Andrew Voorhies for winning Rock'Em Sock'Em Robots on March 1st.

Promotion time is quickly approaching again. Please refer to your student handbook to see if you are eligible and that you meet all the requirements.