

# Winter Haven Budokai's

## September 2010 Newsletter



**Congratulations** to all who promoted on August 20th:

Yellow Belt: Andres Acosta, Daniel Caldwell and Gianni Turner

Gold Belt: Jacqueline Chavez, Oscar Chavez and Jonathan Quant

Green Belt: Angel Y. Torres

Brown Belt 2nd Kyu: Valeria Castaneda and Stacy Maise

Brown Belt 1st Kyu: Vincent Pantaleon and Abrah Rojas

**The Friendly In house Tournament** was a success. Most of our students went home with trophies, but most of all they all did their best. The hard training paid off! Good Job!

**Our Newest Winter Haven Budokai Students -Welcome Aboard!** Welcome to our newest karate students: Tony Campanaro, Reghan Chartrand, Alejandro Diaz and to returning students Bryan McDonough, Billy Kennon and Angel R. Torres. *You all are the future Black Belts of our School!*



### September Birthday's Happy Birthday to All!

Tony Campanaro  
Tess Pringle  
Angel Rafael Torres  
Bryan McDonough

### Requirement

Mouth Guards and Groin Cups (for Males) are required on fight nights (Wednesday and Thursdays). By next promotion (November), all students will be required to have their own hand gear and head gear. For health reasons, Loaner gear will no longer be available. Read your Student handbook.

### September 2010 Student of the Month

Thuy-Hien Nguyen is 27 years old and the daughter of Quynh-hoa Nguyen and Si Phu Le. She is in her first year of Nursing Program at Polk State College. Her son T.K. also attends Winter Haven Budokai. Hien decided to get involved after Sensei Juan invited her to. Hien's favorite thing about karate is the technicality, discipline and physical agility that the sport requires. She did many sports in high school including Figure Skating, Cross Country, Basketball, Tennis and Swimming. Growing up, her family owned a local Japanese Steakhouse where she was taught a good work ethic pays off. She was also a Tappan Yaki Chef for 6 years. In her free time she enjoys spending time with her family, watching movies and reading fictional Biographies. She loves getting tattoos and has 11 of them. Hien is an high caliber student with a great sense of humor. She always pushes herself to do better and is a great example to all of our students.

**“What’s My Anti-Drug?” Karate Tournament** on Saturday, September 18th hosted by Sabumnim Dave Washington. Monies and Forms due to the front desk no later than Friday, September 10th. Registration starts at 1pm (ages 5-18) at Carter Tabernacle CNE Church, 1 South Cottage Hill Road, Orlando, FL 32805. Competitors \$20 (GREAT PRICE—usually competitions are \$55), Spectators \$5. You won't want to miss this one!

**Karate Tournament** on Saturday, October 9th in Hollywood, FL hosted by Shihan Grant Campbell. Details coming soon.