

Winter Haven Budokai Student of the Month

MAY 2010

ELIZABETH BRUNS SMIT

Elizabeth “Izzy” Smit is the daughter of Donald and Cindy Smit. At only 18 she is a Junior at UCF. Izzy joined WHB four months ago for the Self Defense aspect. She is currently a white belt, but will be testing for her yellow belt soon. Izzy’s favorite thing about karate is sparring. A self-proclaimed “tree-hugger” she enjoys crocheting, camping, snorkeling, kayaking and hiking in her free time. Izzy always comes to karate with her “A-game” on, always looking for the next challenge and striving to be better.

